

https://lhi.care/start

# Welcome to LHI.Care

## Log In

**Username**

**Password**

Forgot your username or password? [Recover your account.](#)

[Continue](#)

By clicking Continue, you agree to our [license agreement](#).

## New to LHI.Care?

If you haven't logged in before, click below to set up your account.

[Get Started](#)

First time users must first register here

LHI  
Help  
Desk #

Users must set up account prior to completing the PHA assessment.  
Medical vouchers will be created by LHI, not HRC for HPSP, IRR, and IMA Soldiers.

## Create an Account

### Step 1 of 6: Let's Look You Up

The security of your personal health information is important to us. That's why we use a multi-step process to confirm your identity.

First, provide us with some information so we can find you in our records.

**Last name**

**Date of birth**

 /  / 

**Home ZIP code**



I'm not a robot



Continue

# Create an Account

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## Step 2 of 6: Choose Your Program

We matched you to the following program.

US Army Reserve

[Continue](#)

If you're not associated with the above program, [click here](#).

# Create an Account

## Step 3 of 6: Confirm Your Identity

Confirm the last 4 digits of your SSN

Last 4-digits of SSN

Continue

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## Create an Account

Your Personal Information will be listed here

### Step 4 of 6: Send a Verification Code

We'll send you a verification code which will expire in 15 minutes. Choose the phone number or email address where we send this code:

- Email — mic\*\*\*\*\*@mail.mil
- Alternate Email — mjb\*\*\*\*\*@gmail.com
- Text — \*\*\*\*\*0403 \_\_\_\_\_

Continue

If the above contact information looks incorrect, [click here](#).

# Create an Account

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## Step 5 of 6: Enter the Verification Code

We sent a code to your phone. Delivery speed and availability may vary by location and service provider.

**Verification code**

Complete

Send a new verification code, or if you need assistance, [click here](#)

Your User Name will be listed and can be changed if necessary.

## Create an Account

### Step 6 of 6: Create a New Password

It looks like you already created a username for LHI.Care. You'll need to create a new password to recover your account.

#### Change your username

Username must be a minimum of 6 characters and cannot be an email address.

#### Create a password

#### Confirm password

Continue

By clicking Continue, you agree to our [License Agreement](#).

Welcome

Your Name  
will be listed

No upcoming appointments

Let's make sure your information is up to date

Confirming your contact information ensures we can best coordinate health services for you.

[Continue](#)

### Need Services?

We'll check with your service component to see if you're eligible for annual readiness services.

[Request Services](#)



# Your Account

To assist in scheduling your appointment, please confirm your personal information is up to date.

If you need your appointment scheduled near an alternate address, please call LHI.

## Your Account Details

Your account/personal information will be listed below on the LHI page



Wel **Your Name  
will be listed** EL

*No upcoming appointments*

## Need Services?

We'll check with your service component to see if you're eligible for annual readiness services.

[Request Services](#)

## Request Services

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If you believe you need services, we'll need you to answer a few questions so we can process your request.

Continue


Cancel Request

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Please  
Read  
Note!



## Service Request Form [Review](#)

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Do you use Tricare Prime Remote?

Yes  No

Are you deploying?

Yes  No

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**Please note the voucher created will automatically include all services you are eligible for based on your service component's program guidance.**

Annual eligibility may include services such as a Periodic Health Assessment (PHA), Dental Exam, Hearing and Vision Screening, and Immunizations as needed.

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Please identify any requests outside of your eligible services:

- Request a HIV draw
  - Request Chlamydia and Gonorrhea testing
  - Walgreens Walk In Flu Program Preferred
  - Decline Influenza Immunization
  - Decline Annual Dental Exam
  - Other
- 

Clicking 'Continue' will submit your request for services. Our team will then review all annual services you are eligible for based on your service component's program guidance.

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[Submit and Continue](#)

# RHRP SERVICES BY STATUS-ARMY

SERVICE COMPONENT CATEGORY	TPU (TROOP PROGRAM UNIT)	M Day	AGR (ACTIVE GUARD RESERVE-USAR)	AGR (ACTIVE GUARD RESERVE- ARNG)	TPR (TRICARE PRIME REMOTE-AC/USAR/AR NG)	IMA (INDIVIDUAL MOB-ILIZATION AUGMENTEE) MedPros shows them as Asst active Army UICs, COMPO+AR and AGR=NO	IRR K (Individual Ready Reserve Annual Training) UIC=RRRKKK	IRR L (Individual Ready Reserve Reinforcement UIC=RRRLLL)	IRR M (Individual Ready Reserve Active Duty) UIC=RRRMMM  <b>HPSP Soldiers</b>
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LHI GUIDANCES IS GIVEN BY	USARC	ARNG-CSG	USARC	ARNG-CSG	OTSG	HRC (USARC)	HRC (USARC)	HRC (USARC)	HRC (USARC)
PHA (INCLUDES MHA AND VISION SCREENING)	X	X	X	X	X	X	X	X	X
CVSP (LIPID PANEL, EKG)	X	X	X	X	X	X	X	X	X
DENTAL EXAM, (X-RAY)	X	X				X	X	X	X
DENTAL TREATMENT	X	X				X			X
ROUTINE IMMUNIZATIONS	X	X	X	X	X	X	X	X	X
DEPLOYMENT IMMUNIZATIONS	X	X				X	X	X	
EYEWEAR EXAM	X	X	X	X	X	X			
HIV, DNA, TITERS	X	X	X	X	X	X	X	X	X
BLOOD TYPE	X	X				X			X
AUDIOGRAM	X	X	X			X	X	X	X
CAE/SPRINT	X	X				X	X	X	X
PDHRA/MHA	X	X	X	X	X	X	X	X	
TB/PPQ	X	X				X	X	X	X
WOMEN'S HEALTH SERVICES	X	X				X			